



FRESH BEGINNING

Homemade Granola Pots 1, 6, 7, 8, 12 Clonakilty Irish yogurt with seasonal berries topped with toasted granola	€4.50			
Seasonal Berry Pot	€4.50			
Chilled Melon Pot	€4.50			
SMOOTHIE MENU				
Green River Banana, mango, kale, lemon <mark>4, 12</mark>	€5.50			
Mango Dream Mango & pear 4, 12	€5.50			
Berry Burst Blueberries, blackberries, blackcurrant, banana 4, 12	€5.50			
BAKER'S CORNER				
Homemade Scones 1, 3, 7, 12 Freshly baked scones served with Clona butter & preserves	€3.00			
Butter Croissants 1, 3, 7	€2.50			
Pain au Chocolate 1, 3, 7	€2.50			
Selection of freshly baked Muffins 1, 3, 6, 7, 11, 12	€2.50			
Cookies 1, 3, 6, 7, 11, 12	€2.00			



ALLERGEN INFORMATION: 1. Cereals containing gluten 2. Crustaceans 3. Egg 4. Fish 5. Peanut 6. Soya beans 7. Milk/Dairy 8. Nuts 9. Celery 10. Mustard 11. Sesame seeds 12. Sulphur Dioxide 13. Lupin 14. Molluscs



SALADS & BAPS

Chicken Caesar Bowl 1, 3, 4, 6, 7, 9, 10, 12 Shannon Vale chicken, baby gem, grilled prosciutto, focaccia croutons, a light Caesar dressing topped with parmesan shavings	€9.00
Baked Goats Cheese Bruschetta 1, 3, 7, 9, 12 With roasted vegetables seasonal leaves	€9.00
Cajun Chicken & Mozzarella Baguette 1, 6, 7, 12 Cajun flavoured chicken breast, Bandon Vale mozzarella and pesto oil	€9.00
Slow Cooked Pulled Pork Bap 1, 3, 7, 9, 12 With spiced apple chutney, house slaw	€9.00
PIZZA CORNER (12 INCH)	
Classic Margherita 1, 6, 7, 9, 12 Rich tomato sauce topped with mozzarella, torn basil	€14.00
Quattro Formaggi 1, 6, 7, 9, 12 Mozzarella, Cashel blue, mature cheddar, goats cheese	€16.00
Meat Feast 1, 6, 7, 9, 12 Trio of pepperoni, salami, ham with tomato sauce, mozzarella, chilli oil	€17.00
Hawaiian 1, 6, 7, 9, 12 Cooked ham, mozzarella, pineapple	€16.00
Spicy Pepperoni 1, 6, 7, 9, 12 Pepperoni, vine tomato sauce, mozzarella, chilli oil	€16.00
Dips – Garlic Mayo, BBQ Sauce, Sweet Chilli Mayo	€2.00



SWEET TREATS

Toasted Belgian Waffle 1, 3, 6, 7 Served with a berry compote, whipped cream	€5.50
Chocolate Brownie 1, 3, 7, 8 Served with dairy cream	€5.50
HazeInut Sprinkled Carrot Cake 3, 7, 8, 12 Served with a berry compote, whipped cream	€5.50
Maxi Twist or Oreo Ice Cream (see label for allergens)	€3.00

Coffee & Cake Deal €7.50

COFFEE CORNER

Теа	€3.00	Flat White	€3.60
Americano	€3.50	Mocha	€3.80
Cappuccino	€3.80	Herbal Tea	€3.60
Espresso	€3.50	Hot Chocolate	€3.40
Latté	€3.80		

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