

# TEEN



# MENU

TWISTBAR  
& BISTRO

Suitable for 12-17-year-old only. This menu is not suitable for adults.

All main courses come with a complimentary soft drink

## STARTERS

- Homemade Soup of the Day** (7, 9) €5.00  
Served with a brown bread (1, 3, 7)
- Twist Spicy Chicken Wings** (7, 9, 12) €7.00  
House sauce with a little kick, Cashel blue cheese dip, crispy celery bites
- Caesar Salad** (1, 7, 12) €7.00  
Baby gem, grilled prosciutto, focaccia croutons in light Caesar dressing topped with parmesan shavings
- Crumbed Garlic Mushrooms** (1, 3, 7, 12) €6.00  
Served with side salad and garlic mayo dip

## MAIN EVENTS

- Crispy Fried Union Quay Haddock** (1, 3, 4, 7, 9) €18.00  
Light crispy batter, tangy tartar sauce, hand cut chips, mushy peas
- Red Chicken Curry** (9, 12) €15.00  
Lime leaf, ginger, chili, lemon grass and mixed vegetables with basmati rice
- Chargrilled Prime Beef Burger** (1, 3, 7) €17.00  
Bandon Vale cheddar, grilled streaky bacon, Ballymaloe relish, hand cut chunky chips, house dip. Gluten free adaptable
- Carbonara Linguini** (1, 3, 7) €15.00  
Crispy bacon, chicken, mushrooms and cream
- Cajun Chicken Burger** (1, 3, 7) €17.00  
Dressed leaves, garlic mayo, Ballymaloe relish, hand cut chunky chips, house dip
- Chefs Roast of the Evening** (7, 9, 12) €16.00  
With creamed potatoes and seasonal vegetables

## DESSERTS

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|---|-------|--|-------|
| <b>Homemade Profiteroles</b><br>Served with hot chocolate sauce (1, 3, 7)                         | €5.00 | <b>Jelly and Ice cream</b><br>With chocolate sauce (7)                             | €4.00 |
| <b>Double Chocolate Fudge Cake</b><br>Freshly whipped cream, seasonal berry compote (6, 7, 8, 12) | €5.00 | <b>Sticky Toffee Pudding</b><br>Freshly whipped cream, caramel sauce (1, 3, 7, 12) | €5.00 |

### ALLERGEN INFORMATION

1. Cereals containing gluten 2. Crustaceans 3. Egg 4. Fish 5. Peanut 6. Soya beans 7. Milk/Dairy 8. Nuts 9. Celery 10. Mustard 11. Sesame seeds 12. Sulphur Dioxide 13. Lupin 14. Molluscs