Executive Head Chef: **Cristian Piontcovschi**

DINNER

MENU

TWISTBAR **&BISTRO**

SOMETHING SUBSTANTIAL

Crispy Fried Union Hall Haddock Light crispy batter, tangy tartar sauce, hand cut chips, mushy peas 1, 3, 4, 7, 12 €21.00

Thai Vegetable Red Curry

Lime leaf, ginger, chilli, lemongrass, mixed vegetables with basmati rice (vg) 6, 9, 12 €17.00 Add Thai lemon chicken €5.00 | Add prawns €7.00

Spicy King Prawn Linguini

Tossed in a rich tomato & chilli sauce, finished with fresh basil, lemon, pepper 1, 2, 3, 12 €24.00

Wild Mushroom Tagliatelle

With a creamy pesto sauce 1, 3, 7, 9, 12 €18.50 Add chicken €5.00

Pan Fried Sea Bass

Roasted baby potatoes, honey roasted root vegetables, crispy leeks, garlic lemon & butter sauce 4, 7, 9, 12 €26.00

Marinated Shannon Vale Supreme of Chicken

Gratin potatoes, roasted vegetables, brandy & peppercorn sauce, Clonakilty Black Pudding bon bons 1, 7, 9, 12 €24.00

Apple Cider Braised Lamb Shank

Mashed potatoes, honey roasted vegetables, red cabbage, braising ius 7,9,12 €26.00

Butter Bean Ragout Tomato ragout, sundried tomatoes, garlic roasted polenta (vg) 9,12

€18.00

Daily specials available, please ask your server.

STEAKS & BURGERS

Our steaks are served with fried onions. mushrooms and hand cut chunky chips. Gluten free adaptable. Choose from: Peppercorn Sauce 7, 9, 12 · Garlic Butter 7, 9, 12 Blue Cheese Sauce 7.9.12

Irish Hereford Prime 10 oz Sirloin Steak 3 €34.00

Irish Hereford Prime 10 oz Ribeye Steak 3 €34.00

Surf 'n' Turf 23

Add prawns to either of the above steak options to create Surf 'n' Turf Add €7.00

Irish Hereford Prime Beef Burger 1, 3, 7, 9, 10, 12

Bandon Vale cheddar, grilled streaky bacon, Ballymaloe relish, hand cut chunky chips, house dip €19.00

SIDES

Creamy champ potato 7,12	€4.00
Hand cut chunky chips	€4.00
Gratin Potatoes 7, 9, 12	€4.50
Honey Roasted Vegetables 12	€4.00
Sweet potato fries	€4.50
Dressed green leaves	€4.00

TEEN MENU AVAILABLE

Complimentary soft drink with every main course

TWIST TO GO

Menu available to go from 7.30pm - 9.00pm daily. Holiday Home & Apartment Residents Only.

STARTERS

Homemade Soup of the Day 7,9,12 Served with brown bread 1.3.7 €6.50

Union Hall Creamy Seafood Chowder 4,7,9,12 Served with home baked Guinness bread 1.3.7 €11 50

Twist Spicy Chicken Wings

House sauce with a little kick, Cashel Blue cheese dip, crispy celery bites 1, 3, 7, 9, 12 €11.50

Smoked Salmon, Crab and Avocado Tartare

Served with mixed leaves, pomegranate, beetroot, roasted seeds, honey & mustard vinaigrette, lemon & herb oil, croutons 1, 2, 4, 12 €14.50

Gambas Pil Pil Garlic, chilli & herb marinated prawns, sourdough bread, house dressed mixed leaves 1, 2, 7, 8, 9, 12 €12.00

Hot Goats Cheese Salad

House croutons, basil pesto, mixed leaves, red onion, beetroot, apple, mixed seeds, walnuts, honey & mustard vinaigrette 1, 3, 7, 8, 10, 12 €12.00

Caesar Salad

Baby gem, grilled prosciutto, focaccia croutons in a light Caesar dressing topped with parmesan shavings 1, 3, 7, 9, 10, 11, 12 Starter €11.00 | Main €16.00

Add cajun chicken €5.00

West Cork Scallops Pan seared in garlic butter, celeriac puree, Clonakilty Black Pudding bon bons 1, 2, 3, 7, 12 € 15.00

Ouinoa Tabbouleh

Mint & fennel salad, pomegranate, cucumber, marinated red peppers, tomatoes, apples, dill & fennel salad (vg) 9, 12 €12.50

maine-uby.col

ALLERGEN INFORMATION: 1. Cereals containing gluten 2. Crustaceans 3. Egg 4. Fish 5. Peanut 6. Soya beans 7. Milk/Dairy 8. Nuts 9. Celery 10. Mustard 11. Sesame seeds 12. Sulphur Dioxide 13. Lupin 14. Molluscs

