

Executive Head Chef:
Cristian Piontcovschi

LUNCH



MENU

Mon. - Sat., 12.30pm - 5pm
Sun. 3.30pm - 5pm

TWISTBAR
& BISTRO

STARTERS

Homemade Soup of The Day 7, 9, 12

Served with brown bread 1, 3, 7

€6.50

Union Hall Creamy Seafood Chowder 4, 7, 9, 12

Served with home baked Guinness bread 1, 3, 7

€11.00

Twist Spicy Chicken Wings

House sauce with a little kick, Cashel Blue cheese dip, crispy celery bites 1, 3, 7, 9, 12

€11.00

Smoked Salmon, Crab and Avocado Tartare

Served with mixed leaves, pomegranate, beetroot, roasted seeds, honey & mustard vinaigrette, lemon & herb oil, croutons 1, 2, 4, 12

€14.50

SALADS & SANDWICHES

Chicken Caesar Wrap

Shannon Vale chicken, baby gem, grilled prosciutto, focaccia croutons, a light Caesar dressing topped with parmesan shavings 1, 3, 4, 6, 7, 9, 10, 12

Served hot or cold

€9.00

Twist Toasted Special

Timoleague ham, Bandon Vale cheddar, onion relish, crunchy batch bread, salad garnish, hand cut chunky chips, house dip 1, 3, 6, 7, 10, 12

€9.75

Chargrilled Chicken Focaccia

Thai lemon chicken with roasted courgettes, bell peppers, sweet chilli mayonnaise 1, 3, 6, 7, 10, 12

€9.00

Caesar Salad

Baby gem, grilled prosciutto, focaccia croutons in light Caesar dressing topped with parmesan shavings 1, 3, 4, 7, 9, 10, 11, 12

€12.50

Add cajun chicken €4.00

Quinoa Tabbouleh

Mint & fennel salad, pomegranate, cucumber, marinated red peppers, tomatoes, apples, dill & fennel salad (vg) 9, 12

€11.50

SOMETHING SUBSTANTIAL

Crispy Fried Union Hall Haddock

Light crispy batter, tangy tartar sauce, hand cut chips, mushy peas 1, 3, 4, 5, 12

€19.00

Irish Hereford Prime Beef Burger

Bandon Vale cheddar, grilled streaky bacon, Ballymaloe relish, hand cut chunky chips, house dip.

Gluten free adaptable. 1, 3, 7, 9, 10, 12

€19.00

Wild Mushroom Tagliatelle

with a creamy pesto saucee 1, 3, 7, 9, 12

€18.00

Add chicken €5.00

Chef's Seasonal Special

Please ask your server

Catch of the Day

Please ask your server

SIDES

Creamy champ potato 7, 12 €4.00

Hand cut chunky chips 1 €4.25

Gratin Potatoes 7, 9, 12 €4.50

Honey Roasted Vegetables 12 €4.25

Sweet potato fries 1 €4.75

Dressed green leaves €4.00

DESSERT MENU

Warm Apple & Seasonal Berry Crumble

Sauce anglaise, vanilla bean ice-cream

1, 3, 7, 12

€7.00

Double Chocolate Fudge Cake

Cremona dairy cream, seasonal berry compote

6, 7, 8, 12

€7.00

Fresh Fruit & Lemon Curd Pavlova

served with freshly whipped cream

3, 7, 12

€7.50

ALLERGEN INFORMATION: 1. Cereals containing gluten 2. Crustaceans 3. Egg 4. Fish 5. Peanut 6. Soya beans 7. Milk/Dairy 8. Nuts 9. Celery 10. Mustard 11. Sesame seeds 12. Sulphur Dioxide 13. Lupin 14. Molluscs

Lunch Menu



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& BISTRO**